60-SECONDS WITH:

NICOLA FOX BARRISTER 1KBW



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Why did you choose a career path in the legal industry?

Before coming to the bar, I worked as a clinical psychologist, in particular with children and families. I became interested in family law through that work.

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What do you see as the most important thing about your job?

Helping clients find solutions.



What motivates you most about your work?

Clients and the variety of the work.

What is one work related goal you would like to achieve in the next five years?

Do more combined arbitrations for children and finance matters – in suitable cases.



What has been the best piece of advice you have been given in your career?

To remove all unnecessary adverbs and adjectives from skeleton arguments and position statements.

What is the most significant trend in your practice today?

In finance work more cases being dealt with out of court by way of private FDRs and arbitrations. In children work, delay in the court proceedings leading to great unfairness to one party and to the 'status quo' whilst one party waits for the court to determine the application often prevailing.

Who has been your biggest role model in the industry?

Mr Justice Mostyn. I was lucky enough to see his advocacy when he was at the bar on many occasions. When I was a pupil at QEB he was often led by Florence Baron and Paul Coleridge, though I suspect they would have said it was the other way round.

What is one important skill that you think everyone should have?

To speak at least two languages.



What cause are you passionate about?

Education, particularly in early years

Where has been your favorite holiday destination and why?

North of the Arctic Circle in Finland – unspoilt remote landscape, pristine deep snow, the Northern Lights.

Dead or alive, which famous person would you most like to have dinner with, and why?

Fyodor Dostoevsky – in my view the greatest novelist of all time. All aspects of the human condition are explored within his books. Everyone should have read 'Crime and Punishment' at least once. He lived an extraordinarily interesting life, including having his books banned, spending many years in a prison camp in Siberia and losing a lot of money gambling.